



## Communiqué

**Product Name:** VitaFiber™-IMO (Isomalto-oligosaccharide)  
**Product Forms:** Powder or Syrup  
**Product Nature:** 100% natural or 100% Organic (certified)  
**Other Properties:** Non-GMO; Sugar-free; Gluten-free

### **Product Profile:**

- For the product's information, recommended usage, certifications, nutritional facts, carbohydrates, dietary fiber, mineral and microbial levels, please see product's specification sheets. VitaFiber™ is FDA-GRAS for use as a food ingredient throughout the entire spectrum of food and beverage applications in America. (FDA-GRAS No. 00246; [website: http://www.fda.gov/Food/FoodIngredientsPackaging/GenerallyRecognizedasSafeGRAS/GRASListings](http://www.fda.gov/Food/FoodIngredientsPackaging/GenerallyRecognizedasSafeGRAS/GRASListings))
- VitaFiber™ is a natural as well as certified Organic prebiotic fiber sweetener providing low calorie, (sweetness level is about 60% compared to that of sucrose) and soluble prebiotic dietary fiber for human digestive health.
- Our Basic product is also available in blended form with other natural high-intensity sweeteners; VS-100, VS-120 and VS-250 (~100%, ~120% and ~250% in sweetness compared to that of sucrose, respectively).
- The fiber contents in IMO are determined by an established HPLC-RI method.
- Dietary fiber content in powder form is >90% and in syrup form is > 65%.
- Caloric value for powder form is 156 kcal/100gm and for syrup form is 122 kcal/100gm.

### **Functional Claims**

- I) Based upon the scientific studies, following health claims will be used for VitaFiber™-IMO products;
  - a) **A source of Dietary Fiber**
  - b) **Effective as Prebiotic**
  - c) **Improving Overall Gastrointestinal Health**
  - d) **A Low Calorie Health Sweetener**
  
- II) Following claims are supported by some scientific studies and further studies are in progress;
  - a) Helps maintain healthy cholesterol levels
  - b) Helps maintain healthy blood sugar levels
  - c) Has a low Glycemic Index (GI)
  - d) Helps in mineral absorption
  - e) Least flatulence

*(A list of scientific papers are enclosed herewith for reference purposes in respect of each of the above health claims. PDF copies of the full papers are available upon request)*



### **Scientific References:**

#### **a) Source of Dietary Fiber:**

- B.C. Tunland et al.,; Comprehensive Reviews in Food Science and Food Safety; "Non-digestible oligo- and polysaccharides (dietary Fiber): Their physiology and role in human health and food", 2002, vol. 1, page 73-92
- Taisuke N., et al, (2006) An improved method for the quantitative analysis of commercial IMO products using the calibration curve of standard reagents. J. Appl. Glycosci. 53;215-222
- AACC Report (March 2001) "The Definition of Dietary Fiber", Vol. 46, No. 3, Page 112
- Hayakawa K., et al., (2000) "Determination of saccharides in sake by HPLC with polarized photometric detection", Biomed. Chromatogr 14:72-76

#### **b) Effective as Prebiotic:**

- Rycroft, C.E., et al., (2001) A comparative in vitro evaluation of the fermentation properties of prebiotic oligosaccharides. J. Appl. Microbiol. 91(5):878-887
- Kohmoto, T., et al., (1988) Effect of isomalto-oligosaccharides on human fecal flora. Bifidobacteria Microflora 7(2):61-69
- Kaneko, T., et al., (1990) [Acute and chronic toxicity and mutagenicity studies on isomaltooligosaccharides, and the effect on peripheral blood lymphocytes and intestinal microflora. Shokuhin Eiseigaku Zasshi 31(5):394-403
- Qing, G., et al., (2003) Study on the regulative effect of isomaltooligosaccharides on human intestinal flora. Wei Sheng Yan Jiu 32(1):54-55
- Chen, H.-L., et al., (2001) Effects of isomalto-oligosaccharides on bowel functions and indicators of nutritional status in constipated elderly men. J. Am. Coll. Nutr. 20(1):44-49
- Kaneko, T., et al., (1993) Effects of isomaltooligosaccharides intake on defecation and intestinal environment in healthy volunteers. Nihon Kasei Gakkaishi 44(4):245-254
- Kohmoto, T., et al., (1991) Dose-response test of isomaltooligosaccharides for increasing fecal bifidobacteria. Agric Biol Chem 55(8):2157-2159
- Kaneko, T., et al., (1994) Effect of isomaltooligosaccharides with different degrees of polymerization on human fecal bifidobacteria. Biosci. Biotech. Biochem. 58(12), 2288-2290
- Claire L. Vernazza, et al., (2006) Carbohydrate preference, acid tolerance and bile tolerance in five strains of Bifidobacteria. J. Appl. Microbiol. 100;846-853



**c) Improving Gastrointestinal Health:**

- Hsiao-Ling Chen, et al., (2001) Effects of Isomalto-oligosaccharides on bowel functions and indicators of nutritional status in constipated elderly men. *J. Amer. College. Nutri.*, 20 (1), 44-49

**d) Low Calorie Health Sweetener:**

- Roberfroid MB., (1999) Caloric value of inulin and oligofructose. *J. Nutr.* 129, 1436-1437S
- Nakanishi T., et al., (2006) An Improved method for the quantitative analysis of commercial isomalto-oligosaccharide products using the calibration curve of standard reagents. *J. Appl. Glycosci.*, 53, 215-222

**e) Helps in relieving constipation:**

- Hsueh-Fang Wang, et al., (2001) [Use of isomaltooligosaccharide in the treatment of lipid profiles and constipation in hemodialysis patients] *J. Renal Nutri.*, 11 (2) 73-79
- Hsiao-Ling Chen, et al., (2001) Effects of Isomalto-oligosaccharides on bowel functions and indicators of nutritional status in constipated elderly men. *J. Amer. College. Nutri.*, 20 (1), 44-49

**f) Least Flatulence:**

- Rycroft, C.E., et al., (2001) A comparative in vitro evaluation of the fermentation properties of prebiotic oligosaccharides. *J. Appl. Microbiol.* 91(5):878-887

**g) Helps maintain healthy cholesterol levels**

- Hsiao-Ling Chen, et al., (2001) Effects of Isomalto-oligosaccharides on bowel functions and indicators of nutritional status in constipated elderly men. *J. Amer. College. Nutri.*, 20 (1), 44-49

**h) Helps maintain healthy blood sugar levels**

- Sheng G.E., et al, (2006) Determination of Glycemic Index of Xylitol and Isooligosaccharide. *Clin. J. Clin. Nutr.*, 14 (4); 235-237
- Hesta M., et al, (2001) The effect of a commercial high-fiber diet and an isomalto-oligosaccharide-supplemented diet on post-prandial glucose concentrations in dogs. *J. Anim. Physiol.* 85; 217-221

**i) Has a low Glycemic Index (GI)**

- Sheng G.E., et al, (2006) Determination of Glycemic Index of Xylitol and Isooligosaccharide. *Clin. J. Clin. Nutr.*, 14 (4); 235-237



**j) Helps in Mineral Absorption:**

- Ohta A., et al., (1993) Effects of Fructo-oligosaccharides and other saccharides on Ca, Mg, and P absorption in rats. J. Jpn. Soc. Nutr. Food Sci., 46, 123-129.
- Mineo H., et al., (2001) Various indigestible saccharides enhance net calcium transport from the epithelium of the small and large intestine of rates in vitro. J. Nutr. 131, 3243-3246.

**k) Anticaries (Anti-dental cavity) activity:**

➤ **IMO did not induce significant dental caries in rats..... An Animal Study”**

Tsunehiro J, et al., (1997) Biosci Biotechnol Biochem 61(8) 1317-22

➤ **“IMO did not inhibit the caries which was induced by sucrose..... An animal study”**

Minami T, et al., (1989) Shoni Shikagaku Zasshi 27(4) 1010-7

➤ **“Addition of IMO to sucrose-containing diet resulted in significant reduction of caries..... An animal study”**

Tsunehiro, J., Biosci Biotechnol Biochem. 1997 Dec; 61(12):2015-8

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